

# Split your way to savings



## What is tablet splitting?

It's a voluntary program to reduce your prescription drug copayments by up to 50% on certain medications. By doubling the strength of your medication and splitting those tablets in half with a tablet-splitting device, you can stretch 30 tablets into a 60-day supply, yet be responsible for only one copayment. Tablet splitting is not appropriate in all situations, so talk to your doctor before starting.

## How do I get started?

If you and your doctor agree that tablet splitting is right for you, have your doctor:

- Write a new prescription for 30 tablets at double the dose of your existing one. For example, if you currently take 20 milligrams of a cholesterol medication, your doctor will write a prescription for 40-milligram tablets.
- Write instructions to take a half tablet daily (see example below).

### SAMPLE PRESCRIPTION

Dr. John Doe 123 My Street My Town, WI Zip	
Name	
Address	Date
Medication 40 mg 30 tabs Take ½ tablet daily	
Signature	

## What medications are eligible?

Medical opinion generally considers the medications listed below as appropriate for tablet splitting. You may consult with your doctor to see if others are suitable for you, but only those on our list are eligible for a 60-day supply for one copayment. Check online at [weatrust.com/splitter](http://weatrust.com/splitter) for the most current list.

The Trust's tablet-splitting program is limited to drug purchases at retail pharmacies. Mail-order prescriptions are NOT eligible.

Drug Name	Strength (milligrams)
Avandia	2, 4, 8
Avapro	75, 150, 300
Benicar	5, 20, 40
Benicar HCT	20/12.5, 40/12.5, 40/25
Citalopram	10, 20, 40
Crestor	5, 10, 20, 40
Lexapro	5, 10, 20
Losartan	25, 50, 100
Losartan HCTZ	50/12.5, 100/25
Lovastatin	10, 20, 40
Metoprolol ER	25, 50, 100, 200
Paroxetine (generic Paxil)	10, 20, 30, 40
Pravastatin	10, 20, 40, 80
Sertraline (generic Zoloft)	25, 50, 100
Simvastatin	5, 10, 20, 40
Zolpidem	5, 10

## Why should I participate?

Members taking certain medications can save up to 50% a year in prescription copayments. And because many drug manufacturers charge a similar price for different-strength tablets, you will also help your health plan save money.

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## Where do I get the most benefit?

Medications you take daily, such as cholesterol-lowering drugs, will bring the biggest savings. Instead of making 12 trips a year to a pharmacy and paying 12 copayments of up to \$180, tablet splitting can cut that to 6 trips and \$90.

Not all people are good candidates for tablet splitting, so discuss it with your doctor first. Tablet splitting is not recommended if you have poor vision, poor manual dexterity, or if you find that tablet splitting is confusing.

### EXAMPLES

Below are some examples showing how your prescription changes when you split tablets.

LOVASTATIN	
If you take:	Have your physician switch to:
10 mg daily	20 mg, ½ tablet daily
20 mg daily	40 mg, ½ tablet daily

SERTRALINE (generic Zoloft)	
If you take:	Have your physician switch to:
25 mg daily	50 mg, ½ tablet daily
50 mg daily	100 mg, ½ tablet daily

SIMVASTATIN (generic Zocor)	
If you take:	Have your physician switch to:
10 mg daily	20 mg, ½ tablet daily
20 mg daily	40 mg, ½ tablet daily
40 mg daily	80 mg, ½ tablet daily

## Tablet Splitting Program Frequently Asked Questions

### Q: Is it safe to split tablets?

A: Yes. The drugs selected for this program can be split safely.

### Q: Should I split all of my tablets at once?

A: No. To ensure the most accurate dosage, it's best to split one tablet at a time and take the second half on the next day.

### Q: Where can I get a tablet splitter?

A: The Trust will send you one free upon request.

**Online:** Sign up at [weatrust.com/splitter](http://weatrust.com/splitter).

**Phone:** Give us a call at (800) 279-4000.

**You will receive your free tablet splitter within two to three weeks after your request.**

### Q: Can I split other medications not included in this program?

A: Only the medications on our list are eligible for the benefit of a 60-day supply for one copayment. Always check with your doctor or pharmacist before splitting any medications. Some drugs shouldn't be split, such as capsules, enteric-coated medications, and extended-release medication.

### Q: Do I have to join this program?

A: No. This program is completely voluntary. It's your choice, but it's one that can save money for you and your health plan.