

# Helpful Tips for Young Adults

## EASY ACCESS TO CARE FOR COLLEGE STUDENTS

Our telehealth service, Amwell, is a quick, easy and convenient care option for young adults away at college who are unable to come home to receive healthcare. If they are a dependent on your health plan, your college student can use Amwell to have a video visit with a doctor or therapist on their smartphone, tablet or computer. Amwell doctors or therapists treat, diagnose and even prescribe medicine.

- ▶ Visit [WEATrust.com/Amwell](https://WEATrust.com/Amwell) to learn more and sign up.

## HAVE A CHILD TURNING AGE 18?

Once a dependent turns 18 years old, a “Designation of Insurance Representative” Health Insurance Portability and Accountability Act (HIPAA) form must be filled out by the dependent if they want to authorize WEA Trust to speak with you about their healthcare and insurance.

To fill out an authorization form:

- ▶ Visit [WEATrust.com](https://WEATrust.com) and select “Member” under the main menu drop down
- ▶ Click “Member Forms” and select “HIPAA” from the tab list
- ▶ Click the first link “Designation of an insurance representative” and follow the instructions to complete and submit the form

If dependents 18 years or older would like to change their mailing address and receive WEA Trust communications at a new location:

- ▶ Visit [WEATrust.com](https://WEATrust.com) and select “Member” under the main menu drop down
- ▶ Click “Member Forms” and select “HIPAA” from the tab list
- ▶ Click the last link “Request for alternative communications” and follow the instructions to complete and submit the form

## HAVE A CHILD TURNING AGE 26?

When your child turns 26 their health insurance coverage under a family plan will continue only through the last day of the month that they turn 26. Please contact WEA Trust to coordinate benefits if your child age 18 to 26 is receiving additional health coverage from their employer.