

Behavioral Health Overview

LEVELS OF CARE AVAILABLE

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| INPATIENT | Requires preauthorization | 24 hour medical monitoring |
| PARTIAL HOSPITALIZATION | Requires preauthorization | 20+ treatment hours/week |
| INTENSIVE OUTPATIENT | Requires preauthorization | 9-19 hours of treatment hours/week |
| RESIDENTIAL TREATMENT | Requires preauthorization | Patient resides in facility; limited medical oversight* |
| PSYCHOLOGICAL AND NEUROPSYCHOLOGICAL TESTING | Requires preauthorization | |
| OUTPATIENT THERAPY | No preauthorization required | Individual, group or family sessions |

* Residential treatment is generally a treatment option considered when other treatment services have not been found to be successful.

BEHAVIORAL HEALTH CREDENTIALS

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| LPC | Licensed Professional Counselor |
| LCSW | Licensed Clinical Social Worker |
| LMFT | Licensed Marriage and Family Therapist |
| PHD | Psychologist |
| PSYD | Psychologist |
| APNP | Advance Practice Nurse Practitioner |
| MD | Medical Doctor |
| SAC | Substance Abuse Counselor |

QUESTIONS?

For further questions or assistance with Behavioral Health services, call our Customer Service at 800-279-4000 and ask to speak with a Behavioral Health Review Staff Member.

Note: Members are encouraged to seek treatment in-state in order to avoid additional costs. For State Plan members, treatment should be received in Wisconsin for in-network coverage.